Radish Relish

Makes 1-2 servings 1 gram protein 0 fat 20 calories

Ingredients

- 8 large red radishes
- 3 tablespoons apple cider vinegar
- Dash of garlic powder
- Dash of onion powder
- Sea salt and pepper to taste
- Stevia to taste (optional)



Directions

- 1. Combine liquid ingredients with powdered spices.
- 2. Finely dice radishes and marinate in liquid mixture for 1-3 hours or overnight.
- 3. Use as a topping on your protein servings or as a side dish.





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