

Strawberry Chicken Salad

*Servings per recipe: 1
Each serving counts as 1 protein,
1 vegetable, 1 fruit*

This is my favorite salad!

Ingredients

- 100 grams of lettuce
- 100 grams of chicken
- 6 strawberries, sliced
- hCG approved [Vinaigrette Dressing](#) (see recipe under 'extras')

Directions

1. Grill, bake or steam fry chicken.
2. Slice into bite sized pieces.
3. Put lettuce in bowl with sliced strawberries
4. Add chicken in and toss.
5. Drizzle with vinaigrette, salt, pepper and herbs as desired.
6. Toss till lettuce is coated... use as much dressing as you like.

